



# Stonebridge Family Counseling

Stonebridgefamily.com

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## CLIENT INFORMATION FORM

### DEMOGRAPHIC INFORMATION

*(Complete the following information for yourself, If the patient is your child, enter his/her name in the "Other Family Members" section)*

Name (Mr) (Mrs) (Ms) \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City, state, and zip code \_\_\_\_\_

Home phone \_\_\_\_\_ Mobile \_\_\_\_\_ Work Phone \_\_\_\_\_

Marital Status: Single (Never married) \_\_\_\_\_; Single ( Living Together) \_\_\_\_\_; Married \_\_\_\_\_; How long ? \_\_\_\_\_ Divorced \_\_\_\_\_; How long? \_\_\_\_\_ Widowed \_\_\_\_\_

Your date of birth \_\_\_\_\_

Spouse name \_\_\_\_\_ Spouse date of birth \_\_\_\_\_

Other Family Name	Relationship	Date of birth	Age

Employer \_\_\_\_\_ Position \_\_\_\_\_

Employer (of spouse, if applicable) \_\_\_\_\_ Position \_\_\_\_\_

Religious preference (optional) \_\_\_\_\_ Church Membership at \_\_\_\_\_

## Symptom Checklist

Check all that apply regarding the person who will be receiving counseling services. These will be reviewed and discussed with you during the intake interview.

Name of counselee \_\_\_\_\_ Today's date \_\_\_\_\_

### Emotional symptoms

anger  depression  anxiety  extreme mood shifts  irritability  worry  frustration  
 helplessness  hopelessness  fear  apathy  lack of emotions  guilt  feelings of panic  
 fear of dying  overwhelmed  excessive worry  Others (specify) \_\_\_\_\_

### Mental symptoms

Problems with concentration  inattention  memory problems  difficulty making decisions  
 easily distracted  racing thoughts  repeated unwanted thoughts  suicidal thoughts  
 Other (specify) \_\_\_\_\_

### Physical symptoms:

increase or decrease in appetite  sleep difficulties  muscle tension  sweating/chills  
 tearfulness/crying spells  increased heart rate/pounding heart  body pain/numbness  
 stomach or intestinal distress  frequent or severe headaches  body pain/numbness  
 Other (specify) \_\_\_\_\_

### Behavioral symptoms:

hyperactivity  impulsivity  binge eating/overeating  suicidal gesture/attempt  
 induced vomiting  withdrawal  arguing  increased alcohol use  fighting/aggression  
 disorganized  oppositional/defiant  self-injury  lying/deceitfulness  avoidance or school or job  
 other (specify) \_\_\_\_\_

Formed Changed: June 29, 2017